



CHICAGO







October 2-5, 2009 Hyatt Regency, Chicago, IL

**REGISTRATION BROCHURE** 

Celebrating 40 Years \*

# 40<sup>th</sup> Annual Conference

Hyatt Regency Chicago • Chicago, IL • October 2-5, 2009

n behalf of the 2009 Annual Conference Planning Committee and the SUNA Board of Directors, I would like to invite you to attend the 40<sup>th</sup> Annual Conference at the Hyatt Regency in exciting Chicago. This year's planning committee has worked very hard to provide a dynamic and diverse conference. Whether you are a novice, expert, or somewhere in the middle, there is something for you. We are committed to bringing you the latest information in urologic nursing care. You will have an opportunity to network with other urologic health care providers, learn about certification, learn about the latest techniques and best practices, meet with exhibitors, earn CE

We are excited to have outstanding speakers from across the country throughout the conference and look forward to celebrating SUNA's 40<sup>th</sup> Annual Conference in Chicago!

Sincerely,

Diara T. Baker RN. BSN

credits, and do some sightseeing!

Diana Baker, RN, BSN Annual Conference Planning Committee Chairperson

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The goal of this conference is to enhance the ability of urologic nurses and associates to provide quality care to urologic patients and provide opportunities to learn from and network with experts in the field of urologic nursing.

# **Who Should** Attend...

Anyone involved or wishing to become involved in urologic health care including:

- Nurses
- Physicians' Assistants
- Technicians
- Medical Assistants
- Office Personnel
- Industry Representatives
- Physicians

# Meeting at a Glance

### **FRIDAY October 2**

7:30 am - 8:30 am Continental Breakfast

8:00 am - 4:30 pm Preconference Workshop 010: Certification Review

**8:00 am - 4:00 pm**Preconference Workshop 020:
Advanced Practice

9:00 am - 4:30 pm Preconference Workshop 030: Basic Urology

**12:30 pm - 5:00 pm**Preconference Workshop 040:
Sacral Nerve Stimulation: Putting the Puzzle Together/Setting the Stage for Success

**5:30 pm - 7:30 pm** 101 Corporate Dinner Symposium (pending corporate support)

**6:00 pm - 8:00 pm**105 Leadership Networking Session
By invitation only. Open to current and new
SUNA chapter officers

### **SATURDAY October 3**

**7:00 am - 8:00 am** Continental Breakfast

7:00 am - 8:00 am

Continental Breakfast

111 New Members and First-Time Attendees Welcome and Orientation Breakfast

**7:00 am – 8:00 am**Special Interest Group Meetings
112 Continence Specialists and Services

113 Extracorpeal Shock Wave Lithotripsy/OR/Cystoscopy

114 Sacral Nerve Stimulation

**8:00 am - 12:00 nn** Certification Exam

8:00 am - 8:30 am Conference Welcome

**8:30 am - 9:45 am** 120 Keynote Address: Life is a Verb

**10:00 am - 11:00 am** 130 Research

**11:00 am - 12:00 nn** 140 SUNA: Past, Present, and Future 12:00 nn - 1:45 pm

150 Corporate Luncheon Symposium (pending corporate support)

2:00 pm - 3:00 pm

160 Quality: A Core Competency for Nurses

3:15 pm - 4:15 pm

Concurrent Sessions

172 Female Sexual Slump Congratulations You're Having a Baby

173 The Long and Short of Urethral Strictures

174 Coding Basics

4:30 pm - 5:30 pm

Regional Meetings

181 Northeast

182 North Central

183 Southeast

184 Western

5:30 pm - 7:30 pm

**Grand Opening of Exhibits** 

8:00 pm - 11:00 pm 190 SUNA Party / Silent Auction

### **SUNDAY October 4**

6:30 am - 8:00 am

200 Corporate Breakfast Symposium (pending corporate support)

8:00 am - 9:00 am

110

201 New Drugs for Old Problems Firdaus Saleh, PharmD, BCPS

9:00 am - 10:30 am

Exhibits Open/Coffee Break/Posters on Display

10:45 am - 11:45 am

**Concurrent Sessions** 

211 Robotic Assisted Laparoscopic Sacrocolpopexy for Vaginal Vault Prolapse

212 Writing for Publication: Helpful Hints

213 Osteoporosis: Prevention and Treatment in Men Receiving Androgen Deprivation Therapy

214 Understanding and Treating Erectile Dysfunction

12:00 nn - 1:45 pm

220 Awards Luncheon/Business Meeting

2:00 pm - 3:00 pm

Exhibits Open/Posters on Display

3:15 pm - 4:15 pm

230 Legislative/Economic/Political Issues: What Difference Does It Make?

4:30 pm - 5:30 pm

**Concurrent Sessions** 

241 Urolithiasis in the Pediatric and Adult Population

242 The Use of Botulinum Toxin in Urology Procedures - A Case Study Approach

243 Evaluation and Management of Bladder Cancer

244 It's All in the Details: Urodynamic Case Studies

5:30 pm - 6:30 pm

Special Interest Group Meetings

251 Inpatient/Outpatient

252 Urodynamics

253 Advanced Practice

6:45 pm - 8:15 pm

260 Corporate Dinner Symposium (pending corporate support)

### **MONDAY October 5**

7:00 am - 8:00 am Continental Breakfast

8:00 am - 9:00 am

301 "We Did the Best We Could"

9:15 am - 10:15 am

**Concurrent Sessions** 

311 Urologic Imaging Yesterday and Today

312 Certification: You Can Do It!

313 Perioperative Nursing Implications for Patients with Urologic Trauma

314 Delirium: The Newest and Most Poorly Recognized Epidemic in Hospitals

10:15 am - 11:45 am

Exhibits Open/Refreshments/Posters on Display/Grand Prize Drawing

12:45 pm - 1:45 pm

**Concurrent Sessions** 

321 Small Renal Tumors: Active Surveillance or Surgical Removal?

322 Mace and Chait Cecostomy for Bowel Incontinence in the Patient With Neurogenic Bladder

323 Urinary Catheterization: Evaluating Benefit versus Risk and the Application of New Technology

324 The Nurse's Role with the Patient with Prostate Cancer

2:00 pm - 3:00 pm

Ask the Experts

# **Conference Information**

### **HOTLINES**

Conference Information: 1-888-TAP-SUNA / 856-256-2335

suna@ajj.com / www.suna.org Airline Information: 800-433-1790

American Airlines

Hotel Information: 312-565-1234

Hyatt Regency Chicago

### WEATHER/ RECOMMENDED DRESS

The weather in Chicago will be great for walking around town. The temperature in October will likely reach a high of about 70 degrees during the day, and should only drop to about 50 degrees at night. Sweaters or light jackets are recommended for evenings and cool meeting rooms. Professional/business attire is appreciated for all Annual Conference activities, including the welcoming reception, region meetings, awards luncheon, and the education sessions.

### **HOTEL INFORMATION**

The Hyatt Regency Chicago will serve as the headquarters hotel for the SUNA Annual Conference. A block of rooms have been reserved at a group rate of \$199 single/double per night plus tax. To receive the conference rate, you can make your reservation by phone 312-565-1234 (refer to the SUNA Annual Conference), complete and mail the hotel reservation form found in this brochure, or make your reservation online directly through the SUNA website www.suna.org. Reservations made after August 28, 2009 will be subject to space and rate availability.

The Hyatt Regency Chicago, a Four Diamond downtown Chicago hotel, is ideally situated within the Magnificent Mile, considered one of the greatest avenues in the world. Immerse yourself in the "city within a city," as this downtown Chicago hotel links you to Blues, Jazz, irresistible cuisine, Grant and Millennium Parks, Lake Michigan beaches, Navy Pier and Michigan Avenue.

### **HOTEL PARKING**

Valet parking is available at the hotel for a fee of \$48 plus tax per day. Monroe Street Parking (indoor/underground, not affiliated with the hotel) is located 5 blocks south. The charge is \$23 overnight with no in/out privileges. To park for an extended period, call Monroe Street Parking at 312-742-7644. (All rates are subject to change.)

### **AIR TRAVEL**

American Airlines has been designated as the official carrier of the SUNA Annual Conference. To obtain the discounted fares offered through American Airlines, call the American Airlines Meeting Services Desk at 800-433-1790 or make reservations online at www.suna.org. Please be sure to refer to STARfile number A7399AJ. There will be a separate ticketing charge of \$20 if reservations are made via phone. There is no ticketing charge for reservations made and ticketed online.

### **GROUND TRANSPORTATION**

From O'Hare Airport (18 miles from hotel) Airport Express Shuttle: board at lower level baggage claim area. Shuttle runs daily every 15 minutes from 6:00 am – 7:45 pm. Cost is \$28 per person one way, \$36 per person roundtrip. Taxis are available for approximately \$30-\$40.

From Midway Airport: (12 miles from hotel) Airport Express Shuttle: board at lower level baggage claim area. Shuttle runs daily every 15 minutes from 6:00 am – 7:45 pm. Cost is \$23 per person one way, \$40 per person roundtrip. Taxis are available for approximately \$30-\$40.

### **CAR RENTAL**

SUNA has contracted AVIS for car rental service during the time of the conference. To make a reservation, call 800-331-1600 or make your reservation online at www.suna.org. Please refer to the AWD code J906711. Rates will be in effect from September 24-October 13, 2009.

### **GUEST REGISTRATION**

Guest badges are available as a courtesy for paid attendees. A "guest" is defined as a spouse, family member, significant other, friend, or adult child (over 16 years old). A coworker or an associate within the industry does not qualify for the guest registration fee. The fee is \$120 and entitles the guest to visit the Exhibit Hall and attend the SUNA Party. Guest fees do not include admission to meal functions, box lunch, or corporate sponsored symposia.

### ANNUAL CONFERENCE PLANNING COMMITTEE

Diana L. Baker, BSN, RN, Chairperson Fran Bryant, BSN, RN, Vice Chairperson Ann Marie Berger Finley, MSN, FNP Jane Berlew, CUNP Barbara Broome, PhD, RN, CNS Fran Bryant, BSN, RN Delene Egger, CMA Maureen Johnson, RN Michelle Radke, LPN, CUA

### **CERTIFICATION REVIEW COURSE DIRECTOR**

Donna F. Brassil, MA, RN, CURN

#### **SUNA BOARD OF DIRECTORS**

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#### **DIRECTOR OF EDUCATION**

Sally S. Russell, MN, CMSRN

### CONTINUING EDUCATION CREDIT

SUNA's 40th Annual Conference will offer a maximum of 22.75 contact hours.



The Society of Urologic Nurses and Associates (SUNA) is accredited as a provider of continuing nursing education by the American Nurses' Center's Commission on

Credentialing Center's Accreditation (ANCC-COA).

The SUNA accreditation is reciprocal in the states and specialty organizations that recognize the ANCC-COA accreditation process. SUNA is also a provider approved by the California Board of Registered Nursing, Provider Number CEP5556. Accreditation and approved provider status of CE in nursing does not imply ANCC-COA approval or endorsement of any product, advertising, or educational content. SUNA urges all participants to be aware of the CE requirements for relicensure in the states in which they hold a license.

# **Conference Information**

### CALL FOR ROOM MONITORS AND SESSION MODERATORS

Your help is needed to assist with speaker support during one of the exciting educational sessions at the 2009 SUNA Annual Conference. If you've been looking for an opportunity as a SUNA member to get involved in the organization, this is a great occasion for networking, meeting other members, and welcoming colleagues to the conference. As a room monitor or session moderator, you'll have the chance to experience the most current topics and trends in urology.

Room monitors will assist at sessions distributing handouts, troubleshooting during the session, monitoring the doors, pointing out empty seats, and assisting with lighting and AV equipment. Session moderators will introduce the speaker from the podium, handle AV equipment for the speaker, and keep the session on time. There will be an orientation session for all monitors and moderators on Friday, October 2 from 5:00 pm - 6:00 pm. To volunteer, mark your conference registration form or contact the SUNA National Office at 1-888-TAP-SUNA.

### **ROOM SHARING**

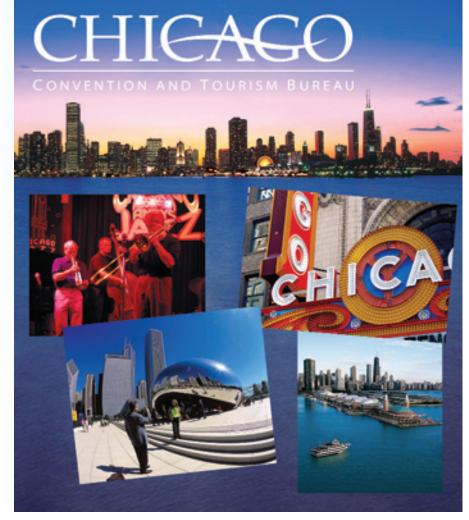
If you are interested in sharing a room during the conference and would like your name on the Willingness to Share a Room List, send your name to the SUNA National Office, East Holly Ave. Box 56, Pitman, NJ 08071-0056, call 1-888-TAP-SUNA, fax 856-589-7463, or E-mail suna@ajj.com. Please indicate where (work or home) you prefer being called and if you are a smoker or a nonsmoker. The information must be received by August 28, 2009. Your name, address, and phone number will be circulated to others on the list. It will be your responsibility to contact others on the list and make arrangements to share a room with them directly.

Conference Management by: Anthony J. Jannetti, Inc. East Holly Avenue, Box 56 Pitman, NJ 08071-0056 856-256-2300 Visit our Web site www.ajj.com

SUNA occasionally uses photographs of SUNA convention participants in its newsletter, Web site, promotional materials, and in the *Urologic Nursing* Journal. By virtue of your attendance at the annual conference, you agree to usage of your likeness in such material.

**TRACKS** – The use of educational tracks is a unique method to present session information. It allows participants to choose sessions that are applicable to their special areas of practice or interest. Each concurrent session listing falls within a special interest group or advanced practice track. The following summary information is provided to assist participants in pursuing a special track:

Sessions	Sessions Numbers
Advanced Practice (APN)	171, 173, 211, 213, 214, 241, 242, 311, 321
Continence/Urodynamics (CU)	171, 211, 242, 244, 322, 323
ESWL/OR/Cysto (EOC)	211, 242, 313, 322
General (GEN)	171, 172, 174, 212, 213, 242, 243, 311, 312, 314, 323, 324
Inpatient (INPT)	171, 173, 211, 241, 243, 311, 313, 314, 321, 322, 323, 324
Outpatient (OPT):	171, 172, 173, 211, 213, 214, 241, 242, 243, 244, 311, 313, 321, 322, 323, 324
Pediatrics (PEDS)	172, 241, 322
Professional Development (PD)	212, 312



# **39th Annual Conference**

### **THURSDAY October 1**

3:00 pm - 7:00 pm **Registration** 

### **FRIDAY October 2**

7:00 am - 6:00 pm **Registration** 

7:30 am - 8:30 am

**Continental Breakfast** 

8:00 am - 4:30 pm

### Preconference Workshop 010: Certification Review

Jeffrey A. Albaugh, PhD, APRN, CUCNS Donna Brassil, MA, RN, CURN, CCRC Tamara Dickinson, RN, CURN, CCCN, BCIA-PMDB Christy Krieg, BSN, RN, CUNP, BA Valre Welch, MSN, RN, CPNP

Are you planning to seek certification in the specialty of Urologic Nursing? If so, this course is designed as a study session to prepare participants for the urology certification exam. This is an adjunct to preparing for the exam in addition to utilizing the detailed Examination Preparation Guide prepared by CBUNA. The course will review pediatric anomalies, urinary tract inflammations, voiding dysfunction, obstructive uropathies, male infertility and sexual dysfunction and urologic cancers. There will be a working brown bag lunch during which participants will be given some test taking strategies.

8:00 am - 4:00 pm

### **Preconference Workshop 020: Advanced Practice**

Tracy Anderson-Haag, PharmD, BCPS Kelly Kruse Nelles, MS, APNP Rick Rutherford, CMPE Leanne Schimke, MSN, NP-C, CUNP Scott Sparks, MD

Susanne Talebian, CUA, CPC, CCS-P, CMOM, PCS

This program offers a full day of clinical topics pertinent to the advanced practice urologic provider. In the morning, sessions tie together an in-depth review of urinary elements and their implications; treating UTI's in the presence of antibiotic resistance and other challenging diagnosis and will provide the APN with the latest pharmacologic updates. The newly developed Advanced Practice Continence Nurse in Long Term Care: Scope and Standards of Practice will be presented, along with coding rules and changes. Many questions will be answered. We will end the program with a dynamic, interactive discussion that will enlighten our understanding of the new expanding role of the urologic APN and stimulate networking possibilities as we transition into this magnified role. A box lunch is included.

9:00 am - 4:30 pm

### Preconference Workshop 030: Basic Urology

This preconference workshop will cover **basic urology 101**, including anatomy and physiology, diagnostic tests, terms, definitions, bladder and urethra disorders, kidney and ureter disorders, prostate, and male reproductive/genitalia disorders. This course is designed for SUNA's associate members, those new to urology or those wishing a basic review of urology. This course is not intended for those preparing to take the certification exam. A box lunch is included.

Urologic Anatomy and Physiology
Diane Mann, MSN, RNC, CCRP, CURN
Terms and Diagnostic Tests
Jamie M. Olson, RN
Disorders of the Kidney and Ureters
Roberta Stolp, BSN, RN, PHN, CCCN, CNOR
Disorders of the Bladder, Urethra and Pelvic Floor
Roberta Stolp, BSN, RN, PHN, CCCN, CNOR
Prostate
Theresa Kolle, BSN, RN, CURN
Genitourinary System

12:30 pm - 5:00 pm

Jean H. Lewis, BSN, APRN-BC, ANP

Preconference Workshop 040: Sacral Nerve Stimulation: Putting the Puzzle Together/Setting the Stage for Succes

Helen Rittenmeyer, BSN, RN, Moderator Cindy Dobmeyer-Dittrich, BSN, RN, CURN, CGRN Myra Joseph, RN Michelle J. Lajiness, FNP-BC Saundra L. Seidel, APRN-BC, CUCNS, CNOR

This session was designed to assist clinicians in making decisions to start up a program for sacral nerve stimulation, with an emphasis and discussion on insurance and pre-determination needed in the clinical specialty. There will be a review of patient selection and patient recruitment strategies as well as a review of a percutaneous lead placement in the clinic and the impact of staged procedure on the specialty. At the end of the session, there will be a panel discussion where the class instructors from across the country with different practices will tie it all together and discuss how they set up their individual clinics.

**Sponsored by Medtronic** 

5:00 pm - 6:00 pm

### **Moderator/Monitor Meeting**

5:30 pm - 7:30 pm 101 Corporate Dinner Symposium (pending corporate support)

6:00 pm - 8:00 pm

### 105 Leadership Networking Session

By invitation only. Open to current and new SUNA chapter officers.

This leadership networking session will provide current and new chapter officers with valuable information about how to maintain and recharge their local chapters. Participants will be briefly introduced to the essential components needed to keep a chapter thriving. Participants will also have the opportunity to network with other chapter officers and SUNA board members during table discussions focusing on encouraging volunteerism, utilizing technology, planning educational programs and mentoring new leaders. Pre registration is required. Contact the SUNA national office at 888-827-7862 or suna@ajj.com for details.

7:00 pm - 8:00 pm

**Committee/Task Force Meetings** 

### **SATURDAY October 3**

6:30 am - 6:00 pm **Registration** 

7:00 am - 8:00 am 110 Continental Breakfast

7:00 am - 8:00 am

### 111 New Members and First-Time Attendees Welcome and Orientation Breakfast

New members and first time conference attendees are encouraged to attend this orientation to learn about SUNA and its Annual Conference. We know that getting around during the conference can be confusing to first-time attendees, so this orientation will help you know who's who and what's what.

Sponsored by Coloplast Corporation

7:00 am - 8:00 am

#### **Special Interest Group Meetings**

These sessions are open to all who attend the conference. The following groups will meet informally to discuss issues of common interest.

112 Continence Specialists and Services

113 Extracorpeal Shock Wave Lithotripsy/OR/ Cystoscopy

114 Sacral Nerve Stimulation

**Sponsored by Medtronic** 

8:00 am - 12:00 nn

### **Certification Exam**

Preregistration is required. The certification application is available at www.suna.org (click on the Certification tab) or call C-NET for details 800-463-0786. All applications must be postmarked by **August 8, 2009.** 

8:00 am - 8:30 am

### **Conference Welcome**

Diana L. Baker, BSN, RN, Program Chairperson Mary Anne Wasner, RN, CURN, President

8:30 am - 9:45 am

### 120 Keynote Address - Life is a Verb

Patti Digh, MA

This keynote will be interactive, thought-provoking, and life-changing. Patti Digh believes that "life takes action, not wishful thinking. It takes mindfulness and intention. It takes slowing down and saying yes and being generous and being amazed and loving more. It takes getting out of bed and going to see the tiny Ninjas." She will tell us stories, make us realize we have our own stories, and challenge us to look at life as if we only had 37 days to live. To be more intentional about what we do with our precious time.

9:45 am - 10:00 am

### **Break**

10:00 am - 11:00 am

#### 130 Research

This practical and exciting session will highlight urologic research and provide attendees with a glimpse of the differences that are being made through research.

11:00 am - 12:00 nn

### 140 SUNA: Past, Present, and Future

Carol Jean Einhorn, MS, RN, CURN, GNP-BC

SUNA is a dynamic organization that rose from the ashes to become a major force in the healthcare arena. Experience our past, which has impacted the present and laid the foundation for future directions as a leader in urological care. Our organization is one of the founding members of the Nursing Organizations Alliance (formerly National Federation for Specialty Nursing Organizations) which set standards for specialty practice. SUNA was one of the first professional nursing organizations to offer certification and develop standards for urologic nursing practice. Come learn about the roots and milestones of our journey over the last 40 years. It is important to know the history as it reflects the present and future. Also learn how you can be an active member and have an impact on our future direction.

12:00 nn - 1:45 pm

150 Corporate Luncheon Symposium Sponsored by Endo Pharmaceuticals, Inc.

2:00 pm - 3:00 pm

### 160 Quality: A Core Competency for Nurses

Jane Hokanson Hawks, PhD, RN, BC

Nurses' involvement in quality activities is likely to increase in coming years. Beginning with a growing focus on quality by The Joint Commission over the past 50 years, the Institute of Medicine (IOM) added to the importance of quality with two publications in 2001 and 2003. This presentation will outline these key developments related to quality and identify measures nurses can take to participate in improving health care and patient outcomes. Quality improvement definitions and models will be described. Advances in education to develop health care providers with the skills needed to improve quality will also be discussed. Some of these skills outlined by the IOM and the Quality and Safety Education for Nursing (QSEN) group include knowledge and competency with multidisciplinary teamwork and collaboration, evidence-based practice, quality, safety, informatics, and patient-centered care.

3:00 pm - 3:15 pm **Break** 



<b>Session Level</b>		Special Interest Area					
B I A	<ul><li>Basic</li><li>Intermediate</li><li>Advanced</li></ul>	CU =	Advanced Fractice		General Inpatient Outpatient		Professional Development Pediatrics

### **SATURDAY October 3** continued

### Concurrent Sessions 3:15 pm - 4:15 pm

APN, CU, GEN, INPT, OPT

### 171 Female Sexual Dysfunction: The Secret Women are Talking About (I/A)

Melissa Feldhaus-Dahir, MSN, APRN

Female Sexual Dysfunction (FSD) affects 43% of women. It can involve sexual desire disorder, secual arousal disorder, sexual pain disorder, and orgasm disorder. This lecture will include the causes and possible treatment options for women experiencing these disorders.

GEN, OPT, PEDS

### 172 Congratulations You're Having a Baby - Oh My, What Kinds of Problems Could We Have? (B/I)

Valre Welch, MSN, RN, CPNP Shelly King, MSN, CPNP

There are a wide range of conditions that can occur in the pediatric urological population. This session will address the most common issues arising in the first few years of life starting with antenatal hydronephrosis, reviewing the numerous potential etiologies and treatments, through the most frequently encountered congenital anomalies in both boys and girls. Treatment options including surgical correction, office procedures and family education will be covered.

APN, INPT, OPT

### 173 The Long and Short of Urethral Strictures (I/A)

Silvia S. Maxwell, ACNP-BC, CUNP

Urethral strictures are due to scarring, which narrows a part of the urethra. It occurs almost exclusively in men. Patients are at increased risk for urinary tract infections, urinary retention, and irreversible kidney damage. Various surgical options are utilized to establish effective drainage of the bladder.

GEN

#### 174 Coding Basics (B)

Susanne Talebian, CUA, CPC, CCS-P, CMOM, PCS

This session will introduce you to the basics of coding. We will discuss diagnosis codes, procedures and supply codes. We will talk about how modifiers are used and what a global package includes. We will go through some basic examples so you can see how these codes are utilized. There will be time for questions and answers and we'll have fun along the way!! Be sure to attend this conference to get started on the right foot.

4:30 pm - 5:30 pm

### **Regional Meetings**

Take this opportunity to meet your Regional Director and other members in your Region, and hear new information regarding your Region. Open to all SUNA members.

181 Northeast 182 North Central 183 Southeast 184 Western



5:30 pm - 7:30 pm

### **Grand Opening of Exhibits**

Visit the exhibit hall and be prepared for a real treat. The "latest and the greatest" in urology products and services are on display from the leading vendors in the marketplace. More than 75 exhibitors will be in SUNA's exhibit hall, eager to speak with you about your patient's needs and your professional responsibilities. You'll learn about new products, services, and procedures. Plus, it's fun! Enjoy complimentary beverages and light hors d'oeuvres. Research posters will also be on display during this time.

8:00 pm - 11:00 pm

### 190 SUNA Party / Silent Auction

As any past attendee will confess, the most exciting part of every SUNA Annual Conference is the popular SUNA Party. This year, the Chicago Metro Chapter has selected the music and invites you to dance the night away or meet and greet your colleagues. Also enjoy complimentary hors d'oeuvres, and refreshments.

The very successful Silent Auction will also take place for the third consecutive year. The Silent Auction is organized and staffed by the SUNA Foundation and all proceeds benefit the work of the Foundation. Come prepared to bid and buy the many exciting items from around the country! Items will be on display and winners will be announced during the Party.

<b>Session Level</b>		Special Interest Area							
_	Basic Intermediate Advanced	CU =	Advanced Practice Continence/Urodynamics ESWL/OR/Cysto	INPT	=	General Inpatient Outpatient			Professional Development Pediatrics

### **SUNDAY October 4**

6:00 am - 5:30 pm **Registration** 

6:30 am - 8:00 am

200 Corporate Breakfast Symposium (pending corporate support)

8:00 am - 9:00 am

201 New Drugs for Old Problems

Firdaus M. Saleh, PharmD, BCPS

This session will consist of a basic pharmacotherapy review of urology drugs.

9:00 am - 10:30 am

Exhibits Open/Coffee Break/Posters on Display

### Concurrent Sessions 10:45 am - 11:45 am

APN, CU, EOC INPT, OPT

211 Robotic Assisted Laparoscopic Sacrocolpopexy for Vaginal Vault Prolapse (I/A)

Anthony G. Visco, MD

Various surgical treatments for pelvic prolapse will be discussed, focusing on robotic sacrocolpopexy. The indications and various steps involved in the procedure, and ways to minimize complications will be reviewed. Additional applications for robotic surgery will also be highlighted in both gynecology and urology.

GEN, PD

### 212 Writing for Publication: Helpful Hints (I/A)

Jane Hokanson Hawks, PhD, RN, BC

Have you ever had a great idea for an article, but didn't know how to start? Do you think you do not have enough time to write for publication? Do you have a manuscript in the works that you would like editorial assistance with? Bring your ideas and manuscripts to this workshop! The Editor of *Urologic Nursing* will provide tips for getting started, discuss author guidelines, outline the publication process and offer suggestions for overcoming writer's block. Emphasis will be placed on answering specific questions related to manuscript development for both new and experienced authors. You will receive assistance to develop a plan for making your idea into a continuing education, patient education, general clinical practice, advanced clinical practice, case study, research or advanced research manuscript.

APN, GEN, OPT

### 213 Osteoporosis: Prevention and Treatment in Men Receiving Androgen Deprivation Therapy

Leanne Schimke, MSN, NP-C, CUNP (B/I)

Men with prostate cancer are increasingly undergoing long term androgen deprivation therapy (ADT). One side effect of ADT is a significant decline in bone mineral density. The annual rate of bone loss during ADT is as high as 9.6%, with the greatest decrease noted in the first year of 3-5.6%. Osteoporosis is a silent disease and is responsible for more than 1.5 million fractures annually with over 300,000 being hip fractures. This session will provide the attendee with a knowledge base regarding osteoporosis, appropriate screening with DXA scans, how to interpret the DXA, preventative health counseling regarding Calcium and Vitamin D supplements, exercise and a review of the prescriptive medications used to treat osteoporosis and osteopenia.

### **Concurrent Sessions**

**10:45 am - 11:45 am** (continued)

APN, OPT

### 214 Understanding and Treating Erectile Dysfunction (A)

Jeffrey A. Albaugh, PhD, APRN, CUCNS

Erectile dysfunction is a common problem affecting many men. Many factors affect erections and this course will cover physiology of normal erections and pathophysiology of erectile dysfunction. Come and learn the latest evidenced based practice for treating this problem from Dr. Jeffrey Albaugh who has lectured on sexual dysfunction internationally and published multiple articles, book chapters and a monograph on erectile dysfunction.

12:00 nn - 1:45 pm

### 220 Awards Luncheon/Business Meeting

You are cordially invited to join your peers in honoring SUNA members who have made professional contributions through various SUNA sponsored activities, and the many industry sponsors who have so generously contributed to SUNA activities and events throughout the year. A brief Annual Business Meeting will be held in conjunction with the Awards Luncheon.

2:00 pm - 3:00 pm

### **Exhibits Open/Posters on Display**

3:15 pm - 4:15 pm

### 230 Legislative/Economic/Political Issues: What Difference Does It Make?

Connie Curran, RN, EdD, FAAN

In today's world, the impact of the economy has been apparent to everyone. But what does it mean to nurses? And what importance does being legislatively aware have in our everyday lives? Dr. Connie Curran will talk with us, and entertain us, with her view of the nursing profession and the impact of the political/legislative world on our profession. Connie had the honor of being an advisor to President Barack Obama during his campaign for the Presidency on health care issues, and her impression of the importance of that work will be a thread throughout this hour.

### **Concurrent Sessions**

4:30 pm - 5:30 pm

APN, INPT, OPT, PEDS

### 241 Urolithiasis in the Pediatric and Adult Population (I/A)

David A. Hatch, MD

This session will provide an overview of stone disease in adults and children including presentation, evaluation and management.

APN, CU, EOC, GEN, OPT

### 242 The Use of Botulinum Toxin in Urology Procedures - A Case Study Approach (I/A)

Maureen Cooney, BSN, RN

Michelle J. Lajiness, FNP-BC

This presentation will focus on the history and mechanism of action of Botulinum Toxin. Included in the discussion will be the disease processes of OAB, BPH, bladder neck obstruction and DSD. Injection procedures and protocols will be included.

### **Concurrent Sessions**

4:30 pm - 5:30 pm (continued)

GEN, INPT, OPT

### 243 Evaluation and Management of Bladder Cancer (B)

Lee Ann Boyd, MSN, ARNP-C, CUNP

This session will discuss the typical evaluation of patients with bladder cancer, including history and physical exam findings, laboratory tests, and diagnostic studies. Staging of bladder cancer will be discussed, as well as appropriate treatment options for each stage. Case studies will be presented.

CU, OPT

### 244 It's All in the Details: Urodynamic Case Studies (B/I)

Cheryl LeCroy, MSN, RN

Urodynamics are more than a set of tests and sitting in front of the computer. They are an integral part of the puzzle that helps to identify the underlying problem with voiding dysfunction. From patient assessment and urodynamic testing, individualized treatment plans can be made for the patient. Case studies will be presented incorporating history and physical findings as well as the urodynamic testing. From there, treatment options will be discussed. Come join this interactive session!

5:30 pm - 6:30 pm

### **Special Interest Group Meetings**

These sessions are open to all who attend the conference. The following groups will meet informally to discuss issues of common interest.

251 Inpatient/Outpatient

252 Urodynamics

**253 Advanced Practice** 

6:45 pm - 8:15 pm

260 Corporate Dinner Symposium (pending corporate support)

### **MONDAY October 5**

7:00 am - 3:30 pm

Registration

7:00 am - 8:00 am

300 Continental Breakfast

8:00 am - 9:00 am

### 301 "We Did the Best We Could"

Francie Bernier, PhD, RNC

I am the daughter of 1st lieutenant Edythe Pallin, United States Army Nurse Corp, BS, RN, NP, one of the many World War II nurses who unknowingly never realized her contribution to our nursing profession. Edythe's scrapbook of her World War II memories was hidden in an attic, falling apart with age, and tied together with string. I never knew this scrapbook contained such a wealth of nursing contributions and history until I entered my doctoral program at the University of Virginia, School of Nursing. There not only did I enter a nursing history course, but I met 1st lieutenant Edythe Pallin, BS, RN, NP for the first time. Her scrapbook contains history not documented or stored in the Military Archives, College Park, MD. Yet it is so rich with untold historical jewels that hold the key to nursing practice today. The 156th Army Evacuation Hospital journeyed from Kauai, Hawaii to the front lines of the bloodiest battle of the Pacific, Okinawa. There they demonstrated incredible bravery and extreme hardships while unknowingly defining advance nursing practice as we know it today. Edythe only acknowledges her military experience by saying,

"We did the best we could." Yes, these nurses of the 156<sup>th</sup> Army Evacuation Hospital not only did the best they could, they changed the face of nursing to an independent advance practice long before we acknowledged our professional possibilities. I would like to take you on my journey of discovery and introduce you to some of the unsung and unknown nursing heroes of our past. These nurses redefined our future. To them we owe many thanks

### Concurrent Sessions 9:15 am - 10:15 am

APN, GEN, INPT, OPT

### 311 Urologic Imaging Yesterday and Today (I/A)

Terrence C. Demos, MD

Urologic imaging includes radiography, sonography, scintigraphy, computed tomography, and magnetic resonance imaging. Nurses and nurse practitioners are an integral part of the team involved in getting the most for the patient who has radiologic examinations. Each of these modalities has specific strengths but also shortcomings and risks that will be addressed.

GEN, PD

### 312 Certification: You Can Do It! (I/A)

Phyllis Matthews, MS, APN-BC, CUNP, President of CBUNA Tina M. Cimini, BS, RN-BC, CURN Mary M. Linn, MSN, ANP-BC, CURN Susanne Quallich, ANP-BC, NP-C, CUNP Nazy Zomorodian, MSN, CUNP

Want to learn more about the benefits of certification? Have questions about the recertification process? This interactive session will give you an opportunity to dialogue directly with the members of the Certification Board for Urologic Nurses and Associates (CBUNA). In this session, the Certification board will present tips for studying and examples of test questions for each level of the certification exam – associate, registered nurse, and advanced practice. Learn how becoming certified can enhance individual achievement and personal satisfaction. Let the Certification board guide you through the steps for achieving excellence in urologic nursing through certification.

EOC, INPT, OPT

### 313 Perioperative Nursing Implications for Patients with Urologic Trauma (B)

Lisa Bader, BSN, RN, CNOR Christina Duncan, BSN, RN

This basic presentation will describe the anatomy of the urologic tract, discuss different types of urologic trauma, identify the ones most commonly seen in our working institution and discuss the nursing implications for the care and management of these patients.

GEN, INPT

### 314 Delirium: The Newest and Most Poorly Recognized Epidemic in Hospitals (B)

Paula Forest, MSN, OCN, CHPN, GNP-BC, ARNP

Delirium is experienced by 15-30% of all hospitalized patients, is associated with increased morbidity and length of stay and causes extreme distress to patients, family members and health care professionals alike. How do we recognize and treat this common condition more effectively? Incidence, risk factors and interventions including non pharmacologic and pharmacologic interventions will be discussed through the use of patient case studies.

10:15 am - 11:45 am

### Exhibits Open/Refreshments/Posters on Display/Grand Prize Drawing

Complimentary economy airfare, lodging, and registration to the 2010 Annual Conference in Boston, Massachusetts will be awarded at the Grand Prize Drawing. Must be present to win!

Sponsored by Dale Medical

11:45 am - 12:45 pm **Lunch on your own** 

### Concurrent Sessions 12:45 pm - 1:45 pm

APN, INPT, OPT

321 Small Renal Tumors: Active Surveillance or Surgical Removal? (I/A)

Monish Aron, MD, MCh, FRCS

The treatment of small renal tumors continues to be controversial. Should we simply monitor them with radiographic imaging? If so, what type of imaging should we use to follow these tumors? Should they be surgically removed? This session will discuss answers to these questions. Information will cover renal tumors, types of kidney cancer, and treatment options including laparoscopic, robotic and open approaches to surgical removal. Advantages and disadvantages of watchful waiting will also be discussed.

CU, EOC, INPT, OPT, PEDS

322 Mace and Chait Cecostomy for Bowel Incontinence in the Patient with Neurogenic Bladder (I/A)

Shelly King, MSN, CPNP

Bowel incontinence is perhaps the most embarrassing and socially devastating aspect of life in the patient with spina bifida and spinal cord injury. The mace and chait catheter have dramatically changed the management success of fecal continence. Patient selection, preoperative evaluation, surgical technique, and postoperative care will be described. Urologic nursing care and patient education tools will be presented.

### Concurrent Sessions 12:45 pm - 1:45 pm (continued)

CU, GEN, INPT, OPT

323 Urinary Catheterization: Evaluating Benefit versus Risk and the Application of New Technology (B)

Diane Newman, MSN, RNC, CRNP, FAAN

Urinary catheters are used primarily for two urologic conditions – incontinence or incomplete bladder emptying. To ease these conditions, a catheter is used internally or externally and may stay in place for a short or long period of time, depending on the type of catheter and the reason for its use. The CMS has placed a high priority on reducing catheter-associated infections and will be viewed as unacceptable harm resulting from medical care. This lecture aims to educate nurses about the new regulations and their impact on urology practice. It will provide a short review of current indications, use and complications associated with urinary catheters, types of catheters, provide recent regulatory changes on their use and detail examples of innovative and new device technology.

GEN, INPT, OPT

324 The Nurse's Role with the Patient with Prostate Cancer (B/I)

Jeffrey A. Albaugh, PhD, APRN, CUCNS

Prostate cancer is the most common non-skin cancer in men. Although organ contained prostate cancer is very curable, treatment impacts quality of life. This presentation will provide information about prostate cancer and the urology nurse's pivotal role in helping patients navigate through evaluation and treatment.

2:00 pm - 3:00 pm

### **Ask the Experts**

Incontinence - Diane Newman, MSN, RNC, CRNP, FAAN
Erectile Dysfunction - Jeffrey A. Albaugh, PhD, APRN, CUCNS
Case Studies in Urodynamics - Cheryl LeCroy, MSN, RN
Kidney Cancer - Monish Aron, MD, MCh, FRCS

This exciting, informative session is back by popular demand. The session invites attendees to interact with a panel of experts. This years' panel consists of four experts in the areas of Incontinence, Erectile Dysfunction, Kidney Cancer and Urodynamics. Our experts will offer a brief presentation (some with case studies) followed by a question and answer period. Please come prepared to get the answers to your most pressing questions from leading experts in these areas.



### Jeffrey A. Albaugh PhD, APRN, CUCNS

Advanced Practice Urology Clinical Nurse Specialist Jesse Brown VAMC Chicago, IL

#### Tracy Anderson-Haag, PharmD, BCPS

Clinical Pharmacy Specialist Hennepin County Medical Center Minneapolis, MN

### Monish Aron, MD, MCh, FRCS

Glickman Urological and Kidney Institute Cleveland Clinic Cleveland, OH

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### Nazy Zomorodian, MSN, CUNP

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			Please check the	e day(s) you plan to attend:	□ Sat □ Sun	☐ Mon
	PRECONFEREN(	CE REGISTRA	TION FEES -	OCTOBER 2, 2009		
010 Certification Review Friday 8:0	10a 4:20a			MEMBER (AM)  □ \$145		MEMBER (AN)
<b>020</b> Advanced Practice Friday 8:00	<u> </u>			' '		□ \$170
030 Basic Urology Friday 9:00a - 4:3	· · · · · · · · · · · · · · · · · · ·			□ \$145 □ \$170		
<b>040</b> Sacral Nerve Stimulation Fri	day 12:30p - 5:00p			□ \$75 □ \$90		
☐ Guest Registration \$120, gu Party only. Guests are not allo				ests may visit the Exhib		nd the SUNA
Please indicate 1st and 2nd choice	SATURDAY October	3   SATUR	RDAY (continued)	SUNDAY (continued)	MONDA	Y October 5
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(All General Sessions Are Included but will NOT appear on your confirmation schedule)	New Members/ First-Timers Breakfast	183		<b>241</b> 4:30p-5:30p	Concurrent S	<b>Sessions</b> 5a-10:15a
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## **Silent Auction**

October 3, 2009 • 8:00 pm - 11:00 pm (during the SUNA Party)

Hyatt Regency Chicago · Chicago, IL

o further its commitment to excellence in urologic clinical practice and research, the Society of Urologic Nurses and Associates has formed the SUNA Foundation. The Foundation will fund research projects related to urologic disease or treatment and award scholarships for advanced education or specialized training for SUNA members. As SUNA members explore new research ideas, further their nursing education, and advance urologic care and treatment, patients will ultimately benefit from this expanded knowledge and expertise.

Support for the Foundation will come from corporations, SUNA chapters and members, and those interested in urologic health care. The Foundation is pleased to offer the second fundraising Silent Auction at this Annual Conference.

You can help by donating items for the auction and by coming to the conference prepared to bid. Many types of items will be accepted for donation including gift baskets, handcrafted items, medical publications, jewelry, and gift certificates, to name a few.

### Come prepared to bid and help promote continued excellence in Urologic Nursing!

A list of items to be auctioned will be available at www.suna.org / Events / Silent Auction. Cash, check, or credit card (VISA or MasterCard only) will be accepted for winning bids. Your donation is tax deductible. Items can be shipped through the hotel's business center at your expense.

To donate items, download the donation form at www.suna.org / Foundation, or contact the SUNA National Office at 888-TAP-SUNA or email suna@ajj.com

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If not using a credit card to guarantee your reservation, a deposit must be sent in for one night's room & tax. If you send your credit card information, *don't forget the expiration date and your signature!* Cancellations must be made at least 72 hours prior to your arrival date to have your deposit refunded. Failure to cancel will result in forfeiture of your deposit. The SUNA rate is \$199 Single/Double plus tax. An additional \$20.00 will be charged for each additional person above two. Check in is 3:00 pm and check out is 12 noon.

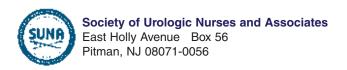
Reservations must be received on or before Friday, September August 28, 2009, after which time, rooms will be on a space and rate available basis.

Make reservations online through the SUNA Website: www.suna.org

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