Anticoagulation Guidelines

SUNA Postoperative Care Task Force

Overview

Anticoagulation medication is a blood-thinning medication taken for an underlying medical condition and is stopped prior to a procedure. Discuss with your surgeon before the procedure on whether to stop this medication.

If taking any of the following medications, you will need to stop taking it usually 2 to 3 days before major surgery and 1 day prior to the procedure. You may be told to restart these medications 3 days or more after the procedure:

- Eliquis (Apixaban).
- Xarelto (Rivaroxaban).
- Pradaxa (Dabigatran).
- Coumadin (Warfarin).

You will receive specific instructions from your surgical team.

If taking any of the following medications, you will need to stop taking it 7 days prior to the procedure. You may restart any of these medications 3 days after the procedure:

- Aspirin.
- Plavix (Clopidogrel).

If taking Motrin/ibuprofen/naproxen/Aleve/Advil, vitamin E, and herbal medications, you will need to stop taking it 7 days prior to procedure.

Please make sure to have a discussion with your primary care provider and/or cardiologist to be sure they are aware of stopping any medication for the procedure.

**Any questions concerning medications, call the clinic.

Resources


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We hope you and all your family members may benefit from these handouts.

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