The Certification Board of Urologic Nurses and Associates (CBUNA) encourages all urologic health care providers to become certified. The certification examination is designed to demonstrate a comprehensive knowledge of urology. Examinations are offered in three categories: Associate, Registered Nurse, and Advanced Practice. The CBUNA offers an excellent study guide and a preferred reading list to help in preparing for the examination (call 856-256-2351). For an application packet, contact C-Net at 201-217-9083. The following are examples of questions in the Associate test.

1. What is often produced by longstanding bladder neck obstruction?
   a. Urethral stricture.
   b. Interstitial cystitis.
   c. Bladder diverticula.
   d. Prostatic hyperplasia.

2. From which area does prostatic hyperplasia arise?
   a. Bladder neck.
   b. Surgical capsule.
   c. Transitional zone.
   d. Periurethral glands.

3. Which is an indication for suprapubic prostatectomy for benign prostatic hyperplasia?
   a. Induration.
   b. Meatal stenosis.
   c. Cardiac compromise.
   d. Gland size > 100 grams.

4. What is most often used to treat urethral strictures in men?
   a. Dilation.
   b. Meatotomy.
   c. Urethrotomy.
   d. Urethroplasty.

5. Urethrotomy refers to which treatment?
   a. Incision.
   b. Excision.
   c. Dilation.
   d. Calibration.

Answers
1. C — Outlet obstruction leads to detrusor muscle hypertrophy and hyperplasia. If left unchecked, diverticula will form (Tanagho & McAninch, 2000, p. 401).
2. C — BPH forms in the transitional zone (Tanagho & McAninch, 2000, p. 400).
3. D — Glands over 100 grams are usually considered for open enucleation (Tanagho & McAninch, 2000, p. 405).
4. A — Dilation of urethral strictures is not usually curative, as it fractures the scar tissue of the stricture and temporarily enlarges the lumen. As healing occurs, the scar tissue reforms (Tanagho & McAninch, 2000, p. 670).
5. A — Lysis of urethral strictures may be accomplished using a sharp knife attached to an endoscope, which provides direct vision of the stricture during cutting (Tanagho & McAninch, 2000, p. 671).

Reference

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