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Presenter/Speaker/Author Guidelines for Selecting the Best Available Evidence

STEPS

1. Identify the evidence
   - The evidence may include research of different types, expert opinion, personal experience from experts in the field
2. Select the best evidence
   - Based on hierarchy or level of available evidence
        i. System reviews-metanalysis, RCTs cohort studies, case-control, cross sectional analyses, case studies & case reports, expert opinion (ideas, opinions, editorials anecdotal)
3. Conduct a Critical Appraisal of the evidence
   - Examine for quality and the level of evidence
4. Evaluate the findings
   - Draw conclusions related to the value for the learning activity
   - Is the evidence strong enough to influence clinical practice
5. Summarize the evidence from your evaluation
6. Integrate the evidence from the literature search with other types of evidence into your presentation

KEY RESOURCES

- CINAHL – Nursing Literature
- Cochrane Collaboration
- Pub Med
- Goggle Scholar
- Medline – www.nlm.nih.gov
- National Guideline Clearing House – www.guideline.gov
- NIH – www.nih.gov
- CMS – www.cms.gov
- CDC – www.cdc.gov
- The Joint Commission – www.jointcommission.org
- Agency for Healthcare Research and Quality – www.ahrq.gov